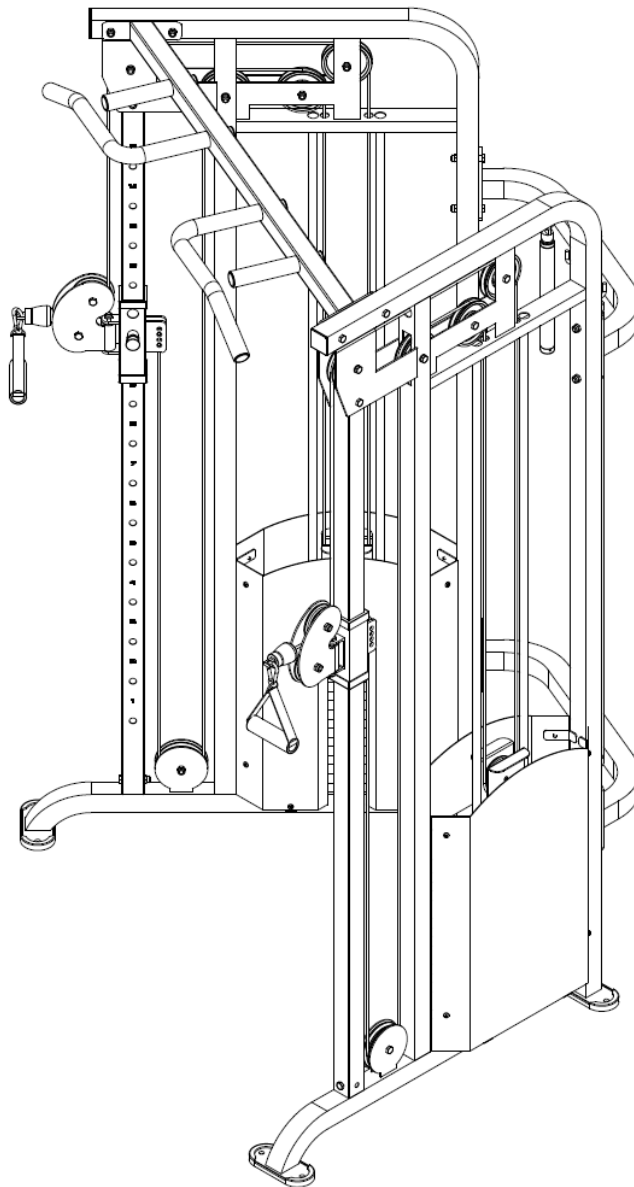


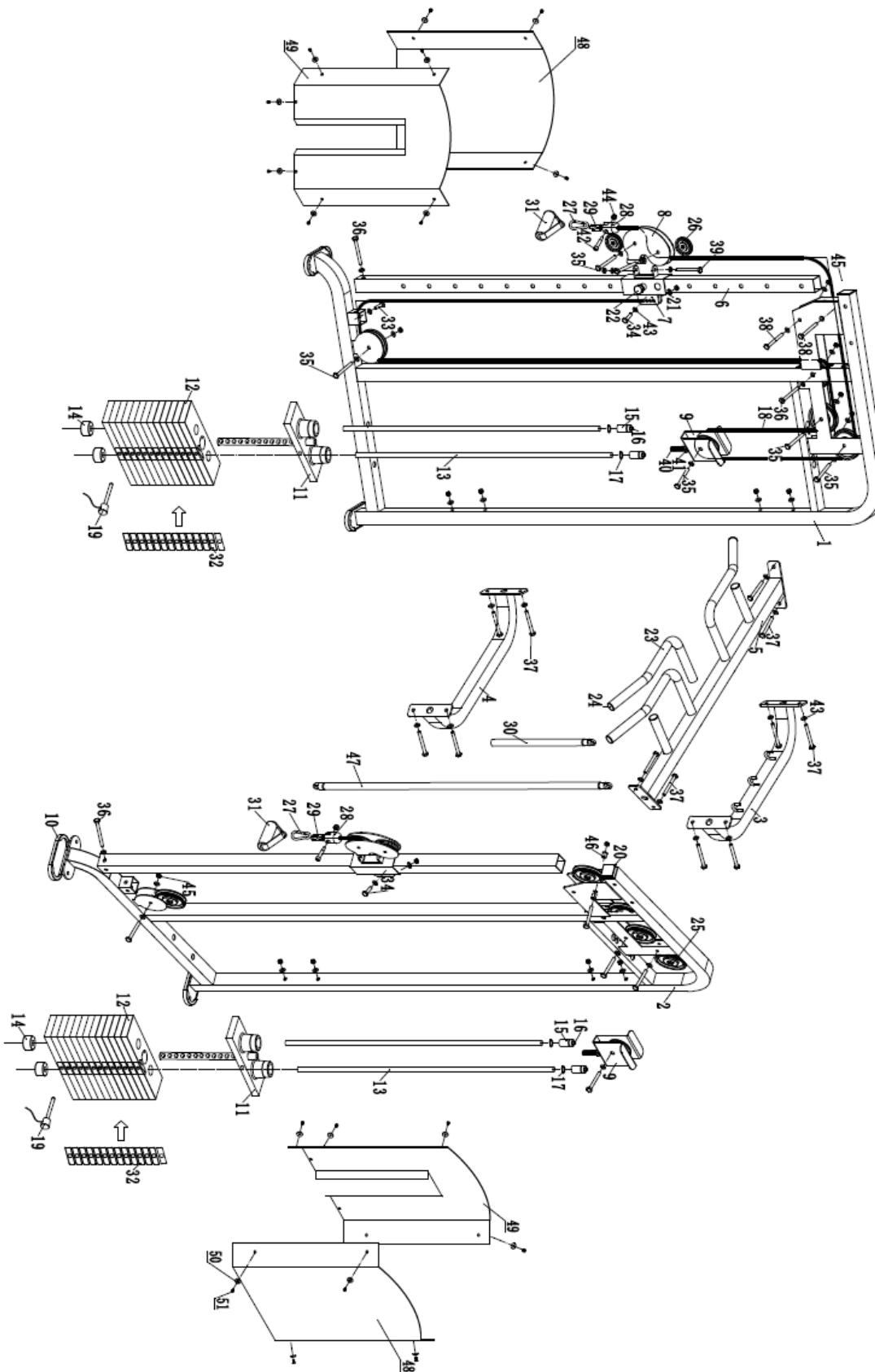


HIT FITNESS

**Hit Fitness Comm Functional Trainer
HIT00749**



EXPLORE DRAWING



PART LIST

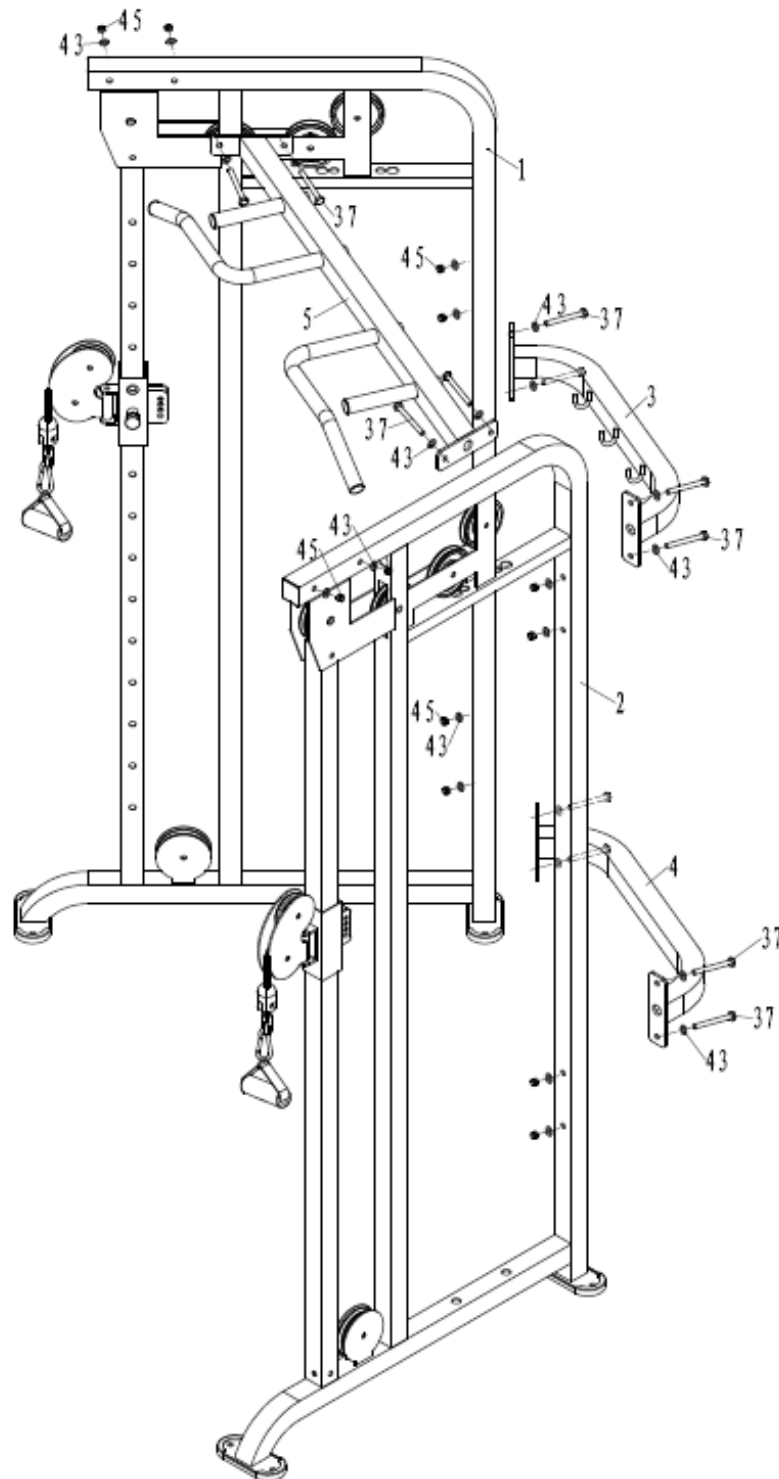
PART NO	PART NAME	Q'TY
1	Left main frame	1
2	Right main frame	1
3	Rear connect support A	1
4	Rear connect support B	1
5	Up support frame	1
6	Adjustable Fix tube	2
7	Adjustable moving frame	2
8	Moving wheel frame	2
9	Moving pulley frame	2
10	Base frame sleeve	4
11	Top plate	2
12	Weight stack plate	38
13	Guide rod	4
14	Damping block	4
15	Fix sleeve of guide rod	4
16	M10*20mm Allen head bolt	4
17	Shaft circlips	4
18	Steel wire rope	2
19	Strong magnetic latch	2
20	Square plug	2
21	Adjusting bush	4
22	Pull forelock assembly	2
23	Plastic handlebar	2
24	Cushion block	8
25	Big pulley	12
26	Small pulley	4
27	Hoist hook	2
28	Steel wire rope cover	2
29	Steel wire rope Fix sleeve	2
30	Short hang rod	1
31	Handlebar	2
32	Weight stack sticker	2
33	M10*15mm bolt	2
34	M10*40mm bolt	2
35	M10*50mm bolt	12
36	M10*65mm bolt	4
37	M10*70mm bolt	12
38	M10*75mm bolt	4
39	M10*100mm bolt	2

40	M10*90mm bolt	2
41	M16 Bolt	2
42	M8 nut	2
43	Ø10 Washer	74
44	M8 Nylon nut	10
45	M10 Nylon nut	44
46	Up pulley Fix sleeve	8
47	Long hang rod	1
48	Out cover	2
49	Inside cover	2
50	Plastic washer	20
51	M5*15 Hex screw	20
Note: Some parts in above list have been assembled in advance.		

HARDWARE LIST 1

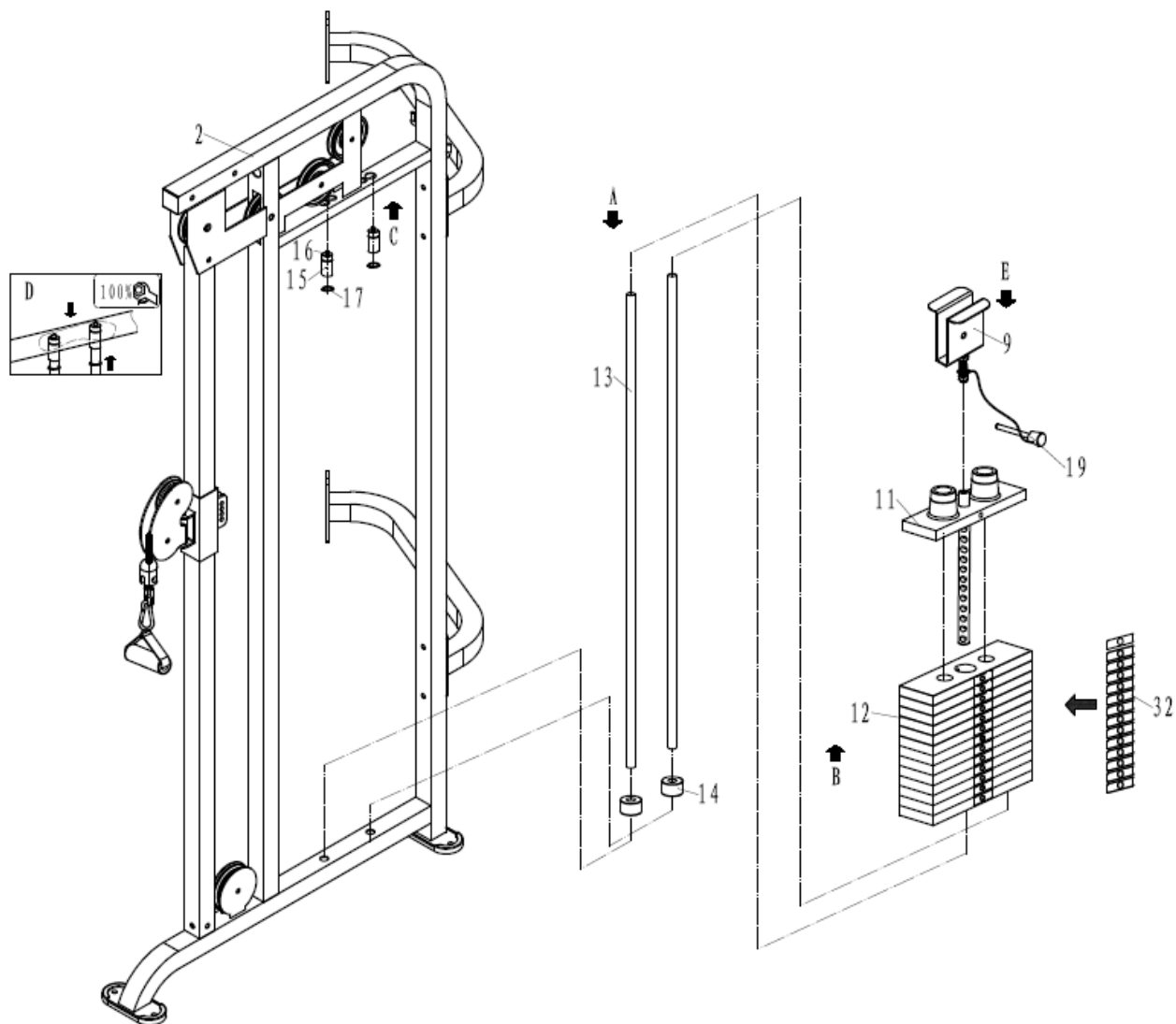
PART NO	PART NAME	Q'TY
37	M10*70mm bolt	12
43	Ø10 Washer	24
45	M10 Nylon nut	12
19	Strong magnetic latch	2
14	Damping block	4
15	Fix sleeve of guide rod	4
16	M10*20mm Allen head bolt	4
17	Shaft circlips	4
50	Plastic washer	20
51	M5*15 Hex screw	20

ASSEMBLING INSTRUCTIONS



STEP 1:

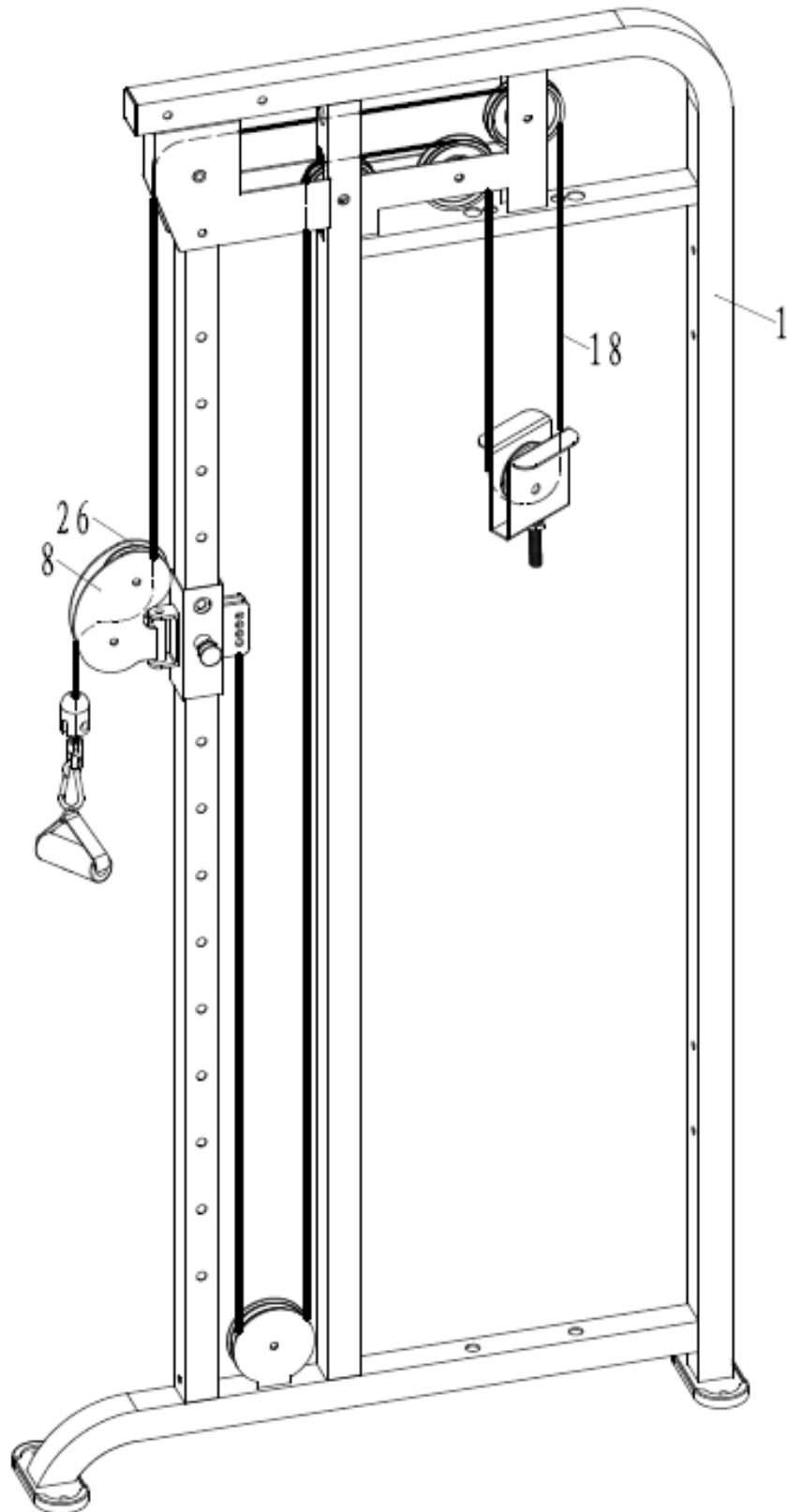
1. Fix Rear connect support A3 and Rear connect support B4 to Left main frame 1 and Right main frame 2 with M10*70mm bolt 37, M10 Nylon nut 45 and Ø10 Washer 43.
2. Fix Up support frame 5 to Left main frame 1 and Right main frame 2 with M10*70mm bolt 37, M10 Nylon nut 45 and Ø10 Washer 43.



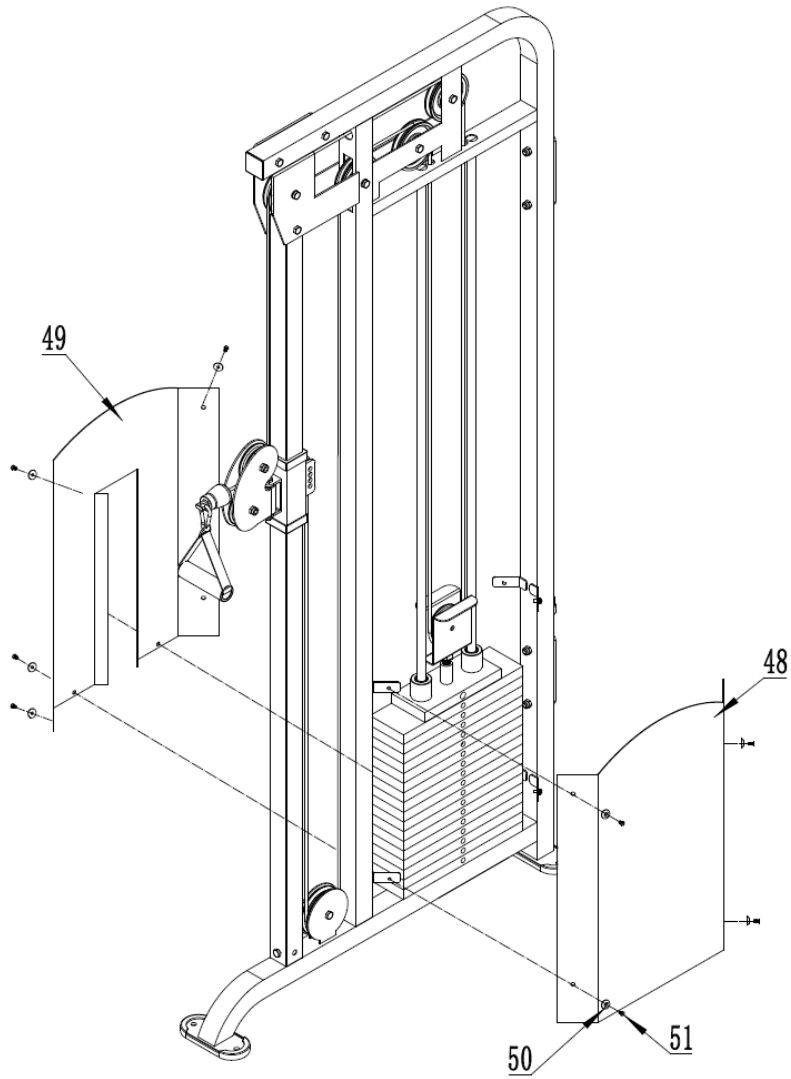
STEP2:

1. Insert Guide rod 13 onto Left main frame 1 and Right main frame 2, then fix Weight stack plate 12 and Top plate 11 onto Guide rod 14.

2. Fix other side of Guide rod 14 onto Left main frame 1 and Right main frame 2 with Fix sleeve of guide rod 15, M10 * 20mm Allen head bolt 16 and Shaft circlips 17.



STEP 3:
Rope 21 goes as shown above.



STEP 4:

Fix Out cover 48, Inside cover 49 to Left main frame 1 and Right main frame 2 with Plastic washer 50 and M5*15 Hex screw 51.